



# OLYMPIAN Academy of Cosmetology

## aesthetics COURSE OUTLINE

SOC: 39-5094 / CIP: 12.0409



**DESCRIPTION:** The Aesthetics Course offers a complete 600 hour course in the science and art of esthetics. The program is designed to prepare and educate each student in the fundamentals of the basic esthetic education set forth by the New Mexico State Board of Cosmetology. It will also prepare each student for the practical and theory examination for a New Mexico Aesthetic License. In addition, the course will incorporate the knowledge needed for entry level employment in salons, spas, or clinical esthetics.



**OBJECTIVES:** Upon completion of the course requirements, the graduate will be able to:

1. Perform and meet the standards set by the school and the Esthetic industry
2. Perform technical, communication, and servicing skills
3. Successfully complete the State of New Mexico requirements to practice Aesthetics
4. Exhibit the d of professionalism necessary to gain and maintain entry level employment.
5. Take and pass the New Mexico State Board of Cosmetology Exam for Aesthetic licensing.

To ensure continued career success, the graduate will continue to learn new and current information related to techniques, trends, fashions, and methods for career development in Esthetics and related career positions.



**FORMAT:** The clock hour education is taught within a set of structured curriculum that prepares students for state board examination, graduation, and entry level skills. The Esthetic course encompasses both theory and practical education for each topic. Clinic equipment and products are comparable to those used in the industry. The course is presented through well developed lesson plans, which reflect current educational methods. Subjects are presented by means of lecture, demonstration and student participation. Instruction will be supplemented with visual aids, guest speakers, field trips and other instructional techniques.



**REFERENCES:** Students follow Milady's Standard Fundamentals for Estheticians textbook. A comprehensive library of references, periodicals, books and DVD's are available to support the course of study and supplement the student training.



**GRADING PROCEDURES:** Students are assigned theory study and a minimum number of practical experiences. Theory is evaluated after each unit of study. Practical assignments are evaluated as completed and counted toward course completion ONLY when rated as satisfactory or better. Practical skills are evaluated according to text procedures, performance standards established by the state licensing agency, and set forth in the Practical Skills Evaluation Criteria. Students must maintain a theory grade average of 75% and complete of all written and practical requirements including the final written and practical examination with passing score prior to graduation. Students must make up failed or missed tests and incomplete assignments. Numerical grades are considered according to the following scale:

91 – 100  
**Excellent**

81 – 90  
**Above Average**

75 – 80  
**Satisfactory**

below 75  
**Unsatisfactory**



### 600 TOTAL HOURS

#### SUBJECT//UNIT

200	<b>THEORY:</b> of Aesthetics, infection control, anatomy, physiology and histology of the body, diseases and disorders, principals and practices of infection control and safety, Arizona cosmetology laws and rules; theory shall be taught through out the course with each practical phase;	75	<b>AESTHETICS MACHINES, TOOLS, INSTRUMENTS AND THEIR RELATED USES;</b>
		10	<b>ALTERNATIVE SKIN TECHNOLOGY;</b>
		15	<b>PRE AND POST CLIENT CONSULTATION, documentation, and analysis;</b>
35	<b>DISEASES AND DISORDERS</b> of the skin and their treatments;	20	<b>SPA BODY MODALITIES;</b>
25	<b>INTERPERSONAL SKILLS AND PROFESSIONAL ETHICS;</b>	25	<b>EXFOLIATION MODALITIES;</b>
35	<b>CLINICAL AND LABORATORY PRACTICE</b> that includes the face and body	25	<b>BODY AND FACE MASSAGE</b> and manipulations;
25	<b>MORPHOLOGY AND TREATMENT OF THE SKIN:</b> including face and body, by hand and machine;	20	<b>BODY AND HAIR REMOVAL</b> without electrolysis or laser;
25	<b>PRODUCT PHARMACOLOGY AND CHEMISTRY</b> interaction, formulation, composition, and hazards;	45	<b>COSMETIC ENHANCEMENT APPLICATIONS;</b>
		20	<b>REQUIRED INDUSTRY STANDARDS</b> and ecology, including monitor duties;

The above hour requirement must be met by each student in each category in order for the earned hours to be accepted by the state licensing board for examination. The portion of creative preference hours is to be applied as needed in curriculum related areas or if a student desires to specialize in a specific area.